

# Mental Health Recovery Board

Serving Warren & Clinton Counties

## ANNUAL REPORT

Fiscal Year 2024







## MESSAGE FROM THE EXECUTIVE DIRECTOR

It's really the greatest outcome of the work we do at MHRB: ensuring that Warren and Clinton County residents have a strong, mission-led behavioral health system ready to meet their needs. It's our job, as laid out in the Ohio Revised Code Chapter 340, to contract with providers and build a system that can serve the needs of our residents.

During FY2024, MHRB began work on a few goals for serving Warren and Clinton County residents and taxpayers, including:

- Development of a real-time data dashboard that informs service decisions and reports to taxpayers.
- Building partnerships with new providers to meet mental health and substance use disorder needs in our communities.
- Implementing new prevention strategies to support young people.

We are happy to report that these goals and more are well on their way to being met. We look forward to working closely with our stakeholders and residents to continually improve the service array and meet the needs of people living in our communities. Please feel free to touch base with us with questions! We're always seeking people who might like to serve on our Board of Directors, too, so reach out if you have an interest. We'd love to talk with you!

Best wishes,

*Amy Fornshell*

Amy Fornshell  
MHRB Executive Director

**“It's now been a full year (and more!) since I came to MHRB, and I can say unequivocally that I am very proud to be part of this team. As I spent time with stakeholders and others over these last several months, I've heard stories of resilience and strength – not just among those in treatment, but among those who support them, too.”**

MHRB Executive Director,  
**Amy Fornshell**



## PROMOTION

### CAMPAIGNS

In FY2024, the MHRB awareness campaign continued our **Find Help, Find Hope** focus from FY23 to communicate access to care and how to find help in a crisis. MHRB also worked to create other public awareness campaigns: **Men's Mental Health** which focused on removing stigma of getting care; the **Vaping** campaign to showcase alternatives for youth and adults; and **Mental Health Awareness Month** in May, working alongside local media to promote access to care and anti-stigma efforts.



The Men's Mental Health Campaign pictured above was a **billboard** that was placed in both Warren and Clinton counties.

### WEBSITE STATISTICS



FY23	FY24
53,516 unique visitors	189,335 unique visitors
72,447 visits	519,246 visits
305,644 views	1,888,339 views

## PREVENTION

### 6,755 youth

across **464 classrooms** were supported with classroom management skill building. These services utilized evidence-based strategies to ensure all children can be served in a childcare center despite behavioral health challenges.

### 192 parents

participated in education, coaching, or skill-building programs to help their journey of raising kids.

### 5,796 people

received prevention education on topics including stress management, bullying, substance use, suicide, and medication safety.

### New Pilot Program Launched

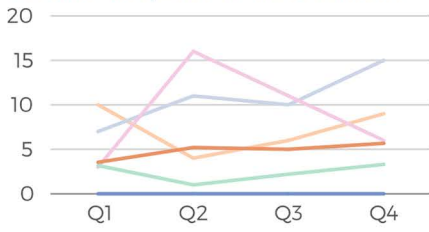
During the 2023-2024 school year, MHRB partnered with prevention stakeholders to develop new supports for 7th and 8th graders in in-school suspension. Students were equipped with key skills such as conflict resolution, problem solving, and emotional regulation. Data indicated that in-school and out-of-school suspensions **decreased 31%** and **16%**, respectively.

### Over 8,000 students across 15 schools

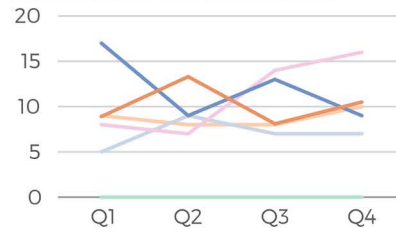
participated in skill-building projects and lessons in Warren and Clinton counties. The lessons focused on appropriate interactions between peers, positive messaging, coping strategies, and support systems. Lessons used strengths-based approaches to help students recognize their skills to thrive.

## AVERAGE OUTPATIENT WAIT TIMES (IN DAYS)

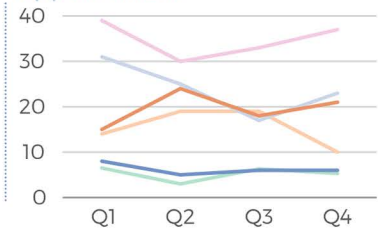
Service Request to Assessment



Assessment to Treatment



Median Days from Psychiatric Referral to Appointment

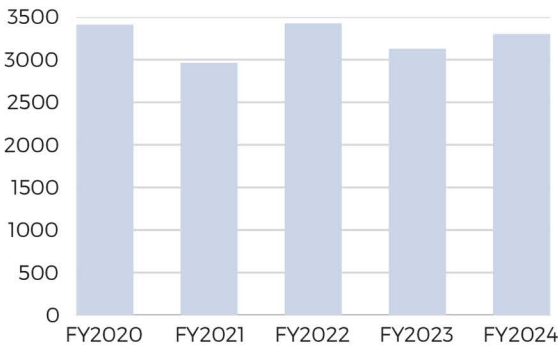
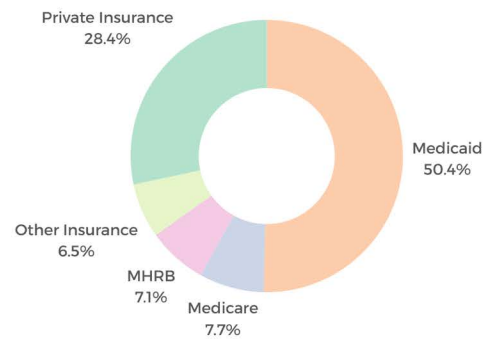


Provider 1 Provider 2 Provider 3 Provider 4 Provider 5 Provider 6

## WAIT LIST

Over FY24, our contracted service providers had a range of **0 to 16** days of wait between a service request and initial assessment. After the assessment, there was a range of **0 to 17** days to starting treatment. For those that had a psychiatric referral, there was a median wait that ranged from **3 to 39** days depending on the provider and quarter.

## INSURANCE PAYOR SOURCE

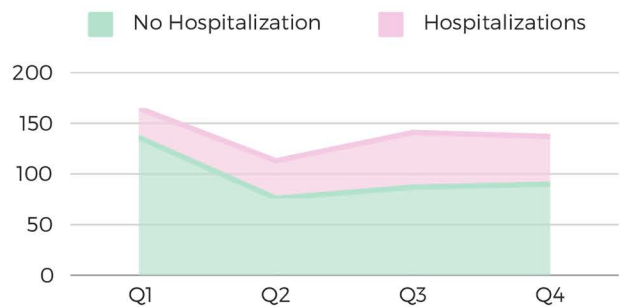


## CRISIS HOTLINE

Over the past five years, the Crisis Hotline has received an average of **3,247** calls annually. In FY24, the total number of calls increased to **3,303**- this reflects a **5.5% increase** from FY23. Of the calls where the caller's county of residence was identified, **37%** originated from **Clinton County**, while **63%** were from **Warren County**.

## MOBILE CRISIS TEAM

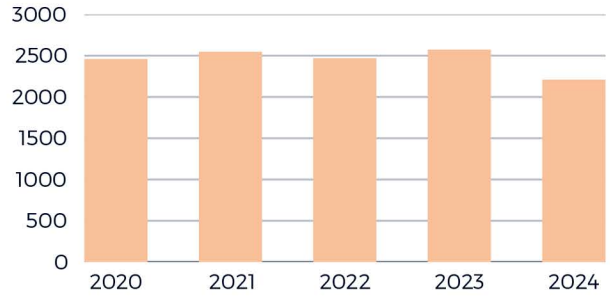
In FY24, there were **556** crisis interventions carried out by the Mobile Crisis Team, which is a **21% decrease** from FY23. Of the cases not initiated at a hospital, **69%** were able to be diverted from needing to be hospitalized. FY24 had quicker response times than FY23, with the quarterly average response time ranging from **30 to 32 minutes**, and the length of service for a crisis intervention ranging from **41 to 48 minutes**.





## OUTPATIENT TREATMENT

Over the last five fiscal years, an average of **2,452** patients from Warren and Clinton counties have received treatment. In FY24, **2,209** individuals were accepted as new patients across all the behavioral health providers contracted by MHRB, marking a **14% decrease** from the previous year.

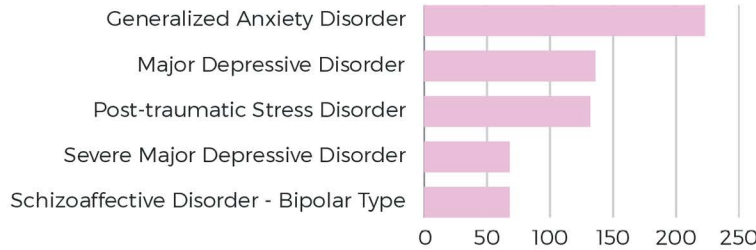


# COMMUNITY SERVICES

**82%** of client requests received services

**55%** of clients evaluated with the BASIS-24 outcomes tool demonstrated **clinical improvement**

## TOP 5 DIAGNOSES OF MHRB PAID CLAIMS



**2,431** Problem Gambling Screenings were conducted over the year.

**31** clients had a positive screening. Only **2** people sought and accepted treatment.

## NEW CHESS RECOVERY APP

MHRB collaborated with treatment staff and the CHESS implementation team to enhance recovery support for residents in treatment for Substance Use Disorder (SUD). The CHESS app provides individuals in treatment and recovery with immediate access to an Ohio **Certified Peer Specialist** via smartphone, **available 24/7**. The app also offers a variety of activities and motivational exercises designed to assist individuals in maintaining their recovery.



One notable success story involves an individual who reached out to the support system after receiving a significant amount of money, which triggered feelings to use. With the help of peer support through the app, this individual was able to manage these feelings effectively and avoid relapsing.

## SEVERE AND PERSISTENT MENTAL ILLNESS (SPMI)

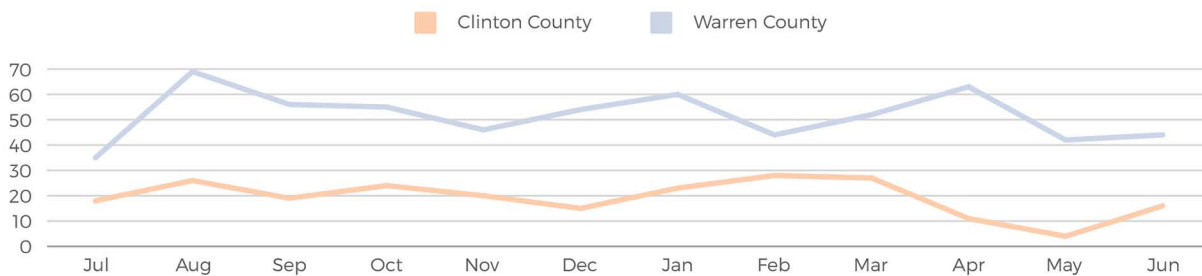
Over **835** residents per month received SPMI case management services in FY24. Depending on the patient's level of need, they may be seen **daily** to ensure they get the care they need.

On average, **16** of these individuals were admitted to the regional psychiatric hospital per month. Intensive case management services averaged **101** individuals each month.

## CRISIS INTERVENTION TRAINING (CIT)

MHRB continues to be a leader in the state on training law enforcement partners in the CIT model. This training model teaches how to prevent and respond to someone in crisis in order to **de-escalate the situation**. As in previous years we were able to hold **2** training sessions and have had **31** officers trained in the model which helps those teams as they serve and protect our communities.

## NUMBER OF INMATES SEEN BY JAIL PSYCHIATRIC SERVICES



## COURTS

The certified recovery courts are available in both Clinton and Warren Counties. Specialized dockets certified by the Ohio Supreme Court for **Veterans** and **Mental Health** are available in Warren County. These programs have been designed to provide the participants with connections to care and wraparound services. **Mental Health Probation Officers in Clinton County** served an average of **92** clients per quarter and **Warren County** served an average of **49** clients per quarter.

**9** individuals were provided with forensic monitoring services on conditional release

**55** probate evaluations conducted

**33** individuals on probate status

## 91.50% of clients

improved or maintained their Social Emotional Composite scores from admission to termination of therapeutic mentoring services. Therapeutic mentoring equips high-risk youth and families with specific skills while addressing behavioral, emotional, and developmental needs. An average of **10** youth per quarter participated in this program.

## 27 admissions

to transitional housing to assist their recovery as they are leaving hospitalization or institutional settings. Individuals in transitional housing also may be those who need a more stable environment in the community to avoid hospitalization while securing more permanent housing. **10** of these admissions were from Warren County and the remaining **17** were from Clinton County. This housing is available to individuals for up to 90 days.

## 80 people

on average per quarter were in Permanent Supportive Housing. Individuals in Permanent Supportive Housing have a mental health diagnosis that is considered to be a Severe and Persistent Mental Illness (SPMI). This housing is considered to be long term with no designated end time.

## 2,064 involved in NAMI and peer-led activities

which is a **13% increase** in FY24 compared to FY23.

JUSTICE

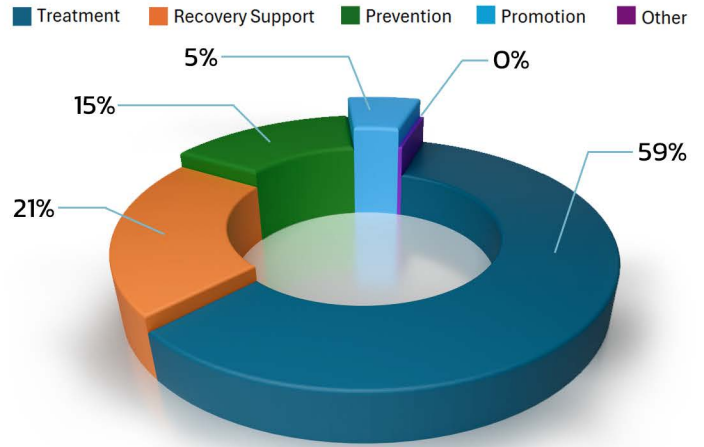
RECOVERY



## CONTRACT EXPENSE DISTRIBUTION

<span style="color: #0056b3;">■</span> Treatment	\$ 8,496,910
<span style="color: #e67e22;">■</span> Recovery Support	\$ 2,976,684
<span style="color: #27ae60;">■</span> Prevention	\$ 2,248,591
<span style="color: #3498db;">■</span> Promotion	\$ 762,185
<span style="color: #9b59b6;">■</span> Other	\$ 22,305

<span style="color: #0056b3;">■</span> Treatment	58.87%
<span style="color: #e67e22;">■</span> Recovery Support	20.52%
<span style="color: #27ae60;">■</span> Prevention	15.50%
<span style="color: #3498db;">■</span> Promotion	5.25%
<span style="color: #9b59b6;">■</span> Other	0.15%



## FY2024 BOARD FINANCIAL SUMMARY

### REVENUE

Local Levy	\$ 7,219,604
State Mental Health	\$ 5,515,430
State Substance Use Disorders	\$ 659,171
Federal Mental Health	\$ 488,598
Federal Substance Use Disorders	\$ 1,824,747
Grants & Other Revenue	\$ 390,650
Pass-Through & Fiscal Agent	\$ 5,250

**TOTAL REVENUE**                      **\$ 16,103,450**

### EXPENSES

Board Administration	\$ 1,072,609
Board Operated Services	\$ 1,394,552
Capital	\$ 82,115
Contract Services	\$ 13,744,490

**TOTAL EXPENSES**                      **\$ 16,293,766**







The bulk of MHRB's work involves services and programs to Warren and Clinton County residents seeking prevention, treatment and recovery supports for mental health and substance use disorders. But we also spend time in our communities offering information and education to residents who may want to learn more about behavioral health needs, how to recognize them, and how they can be of help to others.

Our community outreach in Fiscal Year 2024 included meetings and seminars with stakeholders, as well as community events to share information and materials. We attended chambers of commerce events and spoke with community groups, staffed tables at community events including Let's Lebanon!, the Mason Children's Festival, NAMI Walks, National Night Out, and many others.





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BBH Logo\_Full Color\_with Tagline.png



GCBH-primary\_logo-2020.jpg



Educate, Advocate and Serve

MHA.jpg



NHO Logo Best.jpg



Sojourner logo.png



**SOLUTIONS**  
Community Counseling and Recovery Centers  
SolutionsLogo.jpg



Talbert House logo PNG.png

## BOARD OF DIRECTORS -FY2024

**Kelly Conklin**, Lebanon  
**Rahul Gupta**, Loveland - Chair  
**Tiffany Mattingly**, Mason - Vice Chair  
**Jenni Frazer**, Mason  
**Kelly Gholz**, Mason  
**Holly Harmon**, Springboro  
**Michael Kassinos**, Wilmington  
**Brian Payne**, South Lebanon  
**Angela Rahman**, Centerville (Warren County)  
**Joy Riley**, Mason  
**Shelley Stanforth**, Maineville  
**Dwayne Weyand**, Wilmington  
**Sharon Woodrow**, Mason



If you're interested in serving on our **Board of Directors**, please contact our office at **(513) 695-1695**.

## MHRB STAFF -FY2024

**Amy Fornshell**, Executive Director  
**Patti Ahting**, Chief Deputy Director of Quality, Compliance, Contracting, & Youth Services  
**John Cummings**, Deputy Director of Communications  
**Reija Huculak**, Deputy Director of Adult Mental Health & Recovery Services  
**Shelby Murphy**, Executive Administrator  
**Julie Payton**, Deputy Director of Special Projects  
**Amanda Peterson**, Deputy Director of Youth & Prevention  
**Dustin Ratliff**, Director of Operations & Project Management  
**Jeff Rhein**, Deputy Director of Substance Use Disorders, Criminal Justice & Outpatient Mental Health  
**Karen Robinson**, Chief Fiscal Officer  
**Dee Dee Tewani**, Fiscal Officer





Mental Health Recovery Board Serving Warren & Clinton Counties (MHRB) is the local board of mental health and addiction services (also called an ADAMHS board). Established in 1969, MHRB is one of 50 boards across Ohio serving the needs of residents who seek help for behavioral health disorders.

Governed by Ohio Revised Code Chapter 340, MHRBWCC plans, funds, monitors, and evaluates services and programs for people seeking help to recover from mental health and/or addiction issues.

- MHRBWCC works with community stakeholders such as clients, family members, provider agencies, and members of the community to plan the system of care so that it is cost effective, high quality, and culturally competent.
- MHRBWCC provides funding to this system through a local levy, federal and state allocations, grants through partnerships with both public and private entities.
- Through regular reviews and agency audits, MHRBWCC looks at how provider agencies are doing on service and program delivery to ensure quality and effectiveness.
- MHRBWCC looks at various statistics and outputs that we require from the agencies with which we contract, and make necessary changes to make sure all clients are receiving quality care.



[WWW.MHRBWCC.ORG](http://WWW.MHRBWCC.ORG)



## DID YOU KNOW?

Over 90% of clients improved or maintained their behavioral health from the time they started services to the time they ended their mentoring services? It's just more evidence that with treatment and any needed community supports, people do recover from mental health and substance use disorders!



***“Great opportunities to help others seldom come, but small ones surround us every day.”***

**-Sally Koch**







**Mental Health  
Recovery Board**  
Serving Warren & Clinton Counties



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[www.instagram.com/MHRBWCC](https://www.instagram.com/MHRBWCC)

## **MISSION STATEMENT:**

Mental Health Recovery Board Serving Warren & Clinton Counties supports a healthier community by investing in a system of mental health and substance use disorder services for the people of our counties.

201 Reading Road, Mason, OH 45040  
**(513) 695-1695**  
[mhrbwcc.org](http://mhrbwcc.org)